Guideline for Article Submission

Adyo, MAC Multidisciplinary Research Journal, invites submission of original research papers written by professionals or students. Authors are instructed to submit electronic copies of the manuscript following this format:

- Microsoft Office word format (.doc, .docx) should be between 10 to 12 pages for full text and 300 words for abstract.
- Font type is Times New Roman, font size 12 (except the title, which is font size 16), double-spaced on letter-size paper with at least 1" margin on all sides.
- APA format (7th edition)

Submit the research paper to the publication committee. The submitted research papers will undergo a blind peer-review process. Authors will be notified about the results of the peer review process through email. Accepted manuscripts will all be published according to the date of submission and compliance with the recommended revision within a specified period.

Manuscript contents and format

The manuscript should contain the following:

- 1. Title
- 2. Authors, their affiliations, and correspondence
- 3. Abstract, keywords
- 4. Main text: Introduction, Methods, Results and Discussions, Conclusions and Recommendations
- 5. Tables or figures
- 6. Acknowledgments
- 7. References
- 8. Author Profile

Title

- The title identifies the key issues/topic or (variables or phenomena) under consideration.
- Use bold and capital-initials.
- Font size 16

Author

- The arrangement is the first name, middle name, and last name with the educational attainment (ex: Mary Jane C. Dela Cruz, PhD)
- For group research, the supervisor's or adviser's name is listed first.
- The correspondence includes the email address of the authors.

Abstract

The one-page abstract should contain 300 words in a single paragraph and gives the reader a clear idea of what has been achieved. Identify five keywords that reflect the content of the manuscript.

The abstract contains the following:

- For Quantitative Research: Brief background or rationale of the study, aim, methodology (includes theoretical framework, research design, data gathering method, population, sampling technique, sample size, statistical treatment), ethical considerations, results, conclusions and implications to practice, and recommendations.
 - Keywords: maximum of 5 words, separated by a comma, italicized, alphabetically arranged, not capitalized
- For Qualitative Research: Brief background or rationale of the study, aim, methodology (includes theoretical

framework, research approach and design, data gathering method, population, sample size, sampling technique), ethical considerations, trustworthiness, findings, conclusions and implications to practice, and recommendations.

Keywords: maximum of 5 words, separated by a comma, italicized, alphabetically arranged, not capitalized

 For Feasibility study: Brief background or rationale of the study, aim, methodology (includes research design, data gathering method, sample size, sampling technique, sources of data), ethical considerations, findings (marketing study, technical study, organization and human resource study, strategic management, financial study, socio-economic study), conclusions and recommendations.

Keywords: maximum of 5 words, separated by a comma, italicized, alphabetically arranged, not capitalized

The research article must have all the following four major parts: (1) Introduction, (2) Methodology, (3) Results and Discussion, (4) Conclusions and Recommendations.

Introduction

The Introduction section states the problem, research gap, succinct review of related literature, and the theoretical framework.

- Problem
 - State the importance of the problem.
 - Provide an adequate background of the problem. Statistics may be included from international to local data. Frame the problem or question and its context.
 - Include the discussion of the research gap.
- Review of related literature: Avoid a detailed literature survey or a summary of the results but instead provide a succinct review of relevant scholarship, including

- (1) relation to previous work; and (2) differences between the current report and earlier reports if some aspects of this study have been reported on previously.
- For quantitative research, identify the hypothesis, aims, and objectives: State specific hypotheses, aims, and objectives.
- For qualitative research, state the purpose(s), goal(s), or aim(s) of the study.
- Include the theoretical or conceptual framework that lays the foundation of the study.

Methods

The Methods section provides adequate details to allow the work to be reproduced by an independent researcher. It gives details on

- Research Design. Specify the research design employed.
 - For qualitative research, also describe the approach to inquiry if it illuminates the objectives of the study (e.g., descriptive, interpretive, feminist, psychoanalytic, postpositivist, constructivist, critical, postmodern or constructivist, or pragmatic approaches).
- Research Setting or Locale of the study. Provide a place and dates defining the periods of recruitment and data collection. In qualitative research design, provide the general context for study (when data were collected, sites of data collection).
- Reflexivity: This is only required in qualitative research.
 - Describe the researchers' backgrounds in approaching the study, emphasizing their prior understandings of the phenomena under study (e.g., interviewers, analysts, or research team).
 - Describe how prior understandings of the phenomena under stud were managed

- and/or influenced the research (e.g., enhancing, limiting, or structuring data collection and analysis).
- Population and Sampling. Details about the population and sampling such as specific population or study participants or source of data (e.g., documents, events) and the recruitment and selection process. Also, identify the eligibility or inclusion and exclusion criteria
 - In the case of animal research, report the genus, species, and strain number or other specific identification, such as the name and location of the supplier and the stock designation. Give the number of animals and the animals' age, weight, physiological sex, condition, genetic modification status, genotype, health-immune status; if known, drug- or test-naïve, and previous procedures to which the animal may have been subjected.
 - In quantitative research include the
 - intended and achieved sample size, basis for determination of sample size.
 - major demographic characteristics
 - procedures for selecting participants.
 - sampling technique/method
 - percentage of sample approached that participated, whether selfselection occurs (for experimental research)
 - In qualitative research,
 - Describe the demographics/ cultural information, perspectives of participants, or characteristics of data sources that might influence the data collected.
 - Describe existing data sources, if relevant (e.g., newspapers, Internet, archive).

- Recruitment process
 - Describe the recruitment process (e.g., face-to-face, telephone, mail, email, recruitment protocols).
 - Describe any incentives compensation and provide of relevant ethical assurance processes of data collection and consent process as relevant (may include institutional review board approval, particular adaptations for vulnerable populations, safety monitoring).
 - Provide any changes in numbers through attrition and the final number of participants/sources (if relevant, refusal rates or reasons for dropout).
 - In qualitative research, describe the rationale for the decision to halt data collection (e.g., saturation).
- Participant selection
 - Describe the participants/data sources selection process (e.g., purposive sampling methods such as maximum variation, diversity sampling, or convenience sampling methods such as snowball selection, theoretical sampling), inclusion/ exclusion criteria.
- Data collection procedure. Describe the following:
 - methods used to collect data.
 - methods used to enhance the quality of measurements, including training and reliability of data collectors, or use of multiple observations.
- Ethics. Discuss the ethical considerations such as the approval in the ethics committee, use of informed consent, ensuring confidentiality or anonymity of data.
 - Provide data repository information for openly shared data, if applicable.
 - Describe archival searches or the

process of locating data for analyses, if applicable.

- Research instruments
 - Provide information on validated, selfconstructed, or ad hoc instruments created for individual studies.
- Masking in experimental research:
 - Report whether participants, those administering the experimental manipulations, and those assessing the outcomes were aware of condition assignments.
 - If masking took place, provide a statement regarding how it was accomplished and if and how the success of masking was evaluated.
- Data analysis
 - In quantitative research, provide information detailing the statistical and data-analytic methods employed.
 - In qualitative research. Specify the following:
 - method of data analysis used such as manual coding or use of software.
 - criteria for ensuring trustworthiness.

Results and Discussions

The Results and Discussion section discusses the general and specific results or outcomes of the data collection and analysis. It should be clear and concise and avoid extensive citations and discussion of published literature.

- Tables, graphs, and drawings or images may be used to present the findings and follows the following:
 - Tables and figures are to be cited consecutively in the text. Every table must have a descriptive title, and if numerical measurements are given, the units are included in the column heading. Vertical lines are not used in tables. Please provide the reference sources in the figure/table captions, if any.

- ◆ Please provide vector drawings or images for editing. The requirements on the drawings provided are listed as below: Resolution is 300 dpi at least; the format is emf, wmf, eps, ai, etc.; the width is within either single column (85 mm) or double column (166 mm), and must be no longer than 230 mm. Please submit each drawing as a separate file.
- Reporting guidelines
 - Authors may use the appropriate reporting guidelines such as:
 - CONSORT for randomized controlled trials
 - TREND for non-randomized trials
 - PRISMA for systematic review and meta-analyses
 - STROBE for observational studies
 - SRQR for qualitative studies
 - ARRIVE for animal experiments.
- Discussions may include the following:
 - provide a statement of support or nonsupport for the hypotheses.
 - discuss similarities and differences between reported results and the work of others (related literature and studies)
 - provide an interpretation of the results, considering.
 - Sources of potential bias and threats to internal and statistical validity
 - Imprecision of measurement protocols
 - Overall number of tests or overlap among tests
 - Adequacy of sample sizes and sampling validity
 - Discuss generalizability (external validity) of the findings, considering the:
 - Target population (sampling validity)
 - Other contextual issues (setting, measurement, time; ecological validity)

Conclusions

• The conclusion answers the research questions/problems and ensures that the research objectives were achieved. It also includes important implications and recommendations such as the discussions of implications for future research, program, or policy that come from the findings.

Conflict of Interest

All authors are requested to disclose any actual or potential conflict of interest, including any financial, personal, or other relationships with other people or organizations that could inappropriately influence, or be perceived to influence, their work.

When authors have nothing to declare, please write: 'The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.'

Acknowledgments

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Reference style

References follow the APA format 7th edition and list all the materials cited in the article.

Appendices

If there is more than one appendix, they are to be identified as A, B, etc.

Author Biography

Biographies of the first author and/or the corresponding author/s are within 150 words and include the educational background, research field, and published papers and patents, etc.